



Your initial appointment

Welcome to Orthokids.
Let's prepare for your
first appointment

Initial Assessments at Orthokids

There can be quite a lot to organise when you first see us. Here's some handy information and a checklist so you can make the most of your visit.

What should I expect at an initial assessment?

- After you've called and booked an appointment you will receive a confirmation email from us. Please fill out the attached new patient form ASAP. If you do not receive an email please let us know.
 - Sending your NDIS details prior to your appointment can help to simplify the process and make the most of your appointment time. This can be emailed to info@orthokids.com.au
 - Please aim to arrive before your start time in case we need to finalise any information
 - Your orthotist will have a chat to you about your concerns/goals/things you have been working on with physios etc.
 - They will then assess your child's feet and legs and feel how their muscles move
 - They might get your child to go for a walk so they can observe their walking patterns
 - Your orthotist will then discuss their observations and different orthotic options based on your child's goals
- A cast may be taken at this appointment depending on access to NDIS funds (if applicable). If there are inadequate funds or an application (quote) is required, casting will need to occur at a later date.
 - Once the funding is approved you will be contacted to return for a casting appointment.
 - For private patients, full payment or a 50% deposit (depending on the orthoses) is required at the casting appointment.

What should I bring with me?

- ▶ A referral if you have one
- ▶ Your NDIS plan if you haven't sent it prior
- ▶ Your child's most commonly worn shoes
- ▶ Any walkers/mobility aides your child uses
- ▶ Any orthotics or braces currently in use

NDIS funding?

- Orthokids is a registered NDIS provider and our staff are trained and experienced in helping you access your NDIS funds for orthotics if required.
- To be able to assist you with funding, it is extremely helpful for us to see your plan. Each plan is individual to each child. There are many different ways orthoses can be listed on a plan.
- If you don't wish to share your full plan, sharing the sections that mention Orthotics/Assistive Technology may also be of assistance.
- Rest assured we cannot and will not use your funds without your permission
- Providing NDIS information prior to an appointment means that appointment time with your orthotist can be dedicated to assessing your child and discussing orthotic options.
- If you are self managed, an invoice will be provided to you on the day. You can take this home, claim it on the portal and then transfer the funding to us.
- A fit appointment will only be booked once payment is received. This fit appointment will be 3–5 weeks from payment (depending on the orthosis). Manufacture will only begin after payment is received.

- If you are plan managed, we will send an invoice directly to your plan manager after the appointment.

- If you are NDIA managed, depending on how your plan is set up, we may be able to make a service booking or we may need to apply for the funds to be released to us, .

What happens at a casting appointment?

- If your child needs a custom made orthosis, a mould or impression will need to be taken of your child's foot and/or leg.
- This is commonly done by applying plaster to cast the shape of the limb
- It doesn't hurt and doesn't take long, however it can be a strange sensation for some kids
- You can bring a comforting toy, a snack or a tablet to distract your child during the process
- Please dress your child in pants that can be easily rolled up above the knee, shorts or a skirt
- We'll ask your child to pick a pattern for their orthosis at this appointment. You can have a look at these on our website prior to attending the appointment.

Questions, comments?

We're always here to help. Please feel free to get in touch with any questions , concerns or suggestions.

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www.orthokids.com.au